

# Request for a free screening mammogram

Book your free breast screen

📞 13 20 50

🔍 [breastscreen.nsw.gov.au](https://breastscreen.nsw.gov.au)



# Quick guide for GPs



All women over 40 are eligible for free breast screening\*

- Women aged 50 to 74 are invited every two years.
- Aboriginal and Torres Strait Islander women are recommended to screen from 40 years.
- For women aged over 74, it is recommended that GPs discuss with patients whether routine breast screening is a health priority.
- Visit [breastscreen.nsw.gov.au](http://breastscreen.nsw.gov.au) for information on:
  - screening intervals and breast cancer risk
  - implants
  - breastfeeding
  - screening for trans and gender diverse people



\*Symptomatic women should be referred to diagnostic breast imaging and/or a breast surgeon. Screening mammography alone is not appropriate for the investigation of a sign or symptom.



Booking an appointment

- Book online at [book.breastscreen.nsw.gov.au](http://book.breastscreen.nsw.gov.au)
- Call 13 20 50.
- Call 13 14 50 for interpreter assistance.
- Visit our website for the nearest screening location.
- No referral required.



Screening appointment

- Takes 20 minutes.
- All female radiographers.
- Patient consent and details are required.
- Results are provided in approximately two weeks.
- With patient consent, the GP is provided with results.



Recall for investigation

- The patient may be asked to return for further tests.
- Investigations may include mammography, tomosynthesis (3D), ultrasound, clinical examination and needle biopsy.
- With patient consent, the GP is provided with results.
- On diagnosis of breast cancer, the patient will be advised to discuss treatment options with their GP and request a referral to a breast specialist.



GP follow up

- GPs are urged to place a rescreen reminder in their records for the patient's next mammogram.
- Learn how to increase screening participation rates at your practice. Visit the Primary Care Quality Improvement Toolkit at [cancer.nsw.gov.au](http://cancer.nsw.gov.au).

# Request form



Scan to book your free breast screen

☎ 13 20 50

🔍 [breastscreen.nsw.gov.au](http://breastscreen.nsw.gov.au)

Patient name

Reference number/DOB

Booking details: time/date/location

Medical practitioner name

Practice

Address

Telephone

Comments

Signature

Date



1 in 7 women will develop breast cancer by the age of 85.



BreastScreen NSW is a **free** service.



**Screening mammograms** are the best way to detect breast cancer early.



Check the BreastScreen NSW website to see **clinics and mobile vans** in your area.



For interpreter assistance call **13 14 50**.

